

keep glowing

med spa

Neurotoxin Treatment Instructions

Including Botox, Xeomin, Dysport, Jeuveau

- This treatment is not recommended if you have an important event within 2 weeks of injection due to potential for bruising.
- Avoid herbal supplements such as Ginkgo, green tea and anti-inflammatories of any kind for 2 weeks before and following treatment to limit bruising.
- For the first 5-6 hours following neurotoxin treatment, remain upright and periodically perform facial movements in the areas of injections in order to work the neurotoxin into the muscle - e.g., smile, squint, etc.
- Do not participate in activities that include heavy lifting, vigorous exercise or straining for 2-3 hours (it takes approximately 2-3 hours for neurotoxin to bind to the nerve and you do not want to increase circulation during that time).
- Do not rub, touch, or manipulate treatment area for 6 hours.
- Avoid irritating products for 24 hours following neurotoxin injection.
- Don't take Ibuprofen, aspirin or vitamin E for 24 hours after injection.
- Make-up may be applied gently before leaving the office, remember to wipe up and away from your eyes or brows.
- You may take Tylenol for any headaches or discomfort as long as you do not have any allergies to Tylenol.
- Bruising in the area injected is normal and often expected, especially if treated around the eyes.
- Bruising can last up to several weeks. Using/taking Arnica may help diminish bruising.
- It may take up to 12 days for neurotoxin to take full effect.
- A follow-up visit at 10 days to 2 weeks is suggested to assess results for subsequent treatments, particularly if you are a first time client. If full correction is not achieved, you will need to purchase additional neurotoxin for injection.
- Re-treatment is typically needed between 2-6 months, we suggest you call and schedule your next appointment once you see the muscles beginning to gain movement again.
- Regular injections usually yield a longer lasting result.
- Although rare, infection in the injected area is possible. Signs of infection may include redness and tenderness in the infected area and fever. Should you develop an infection, antibiotics may be necessary.
- Please contact our office at 848-217-2662 if you have any concerns or develop any complications related to the procedure. If you are experiencing a significant amount of pain or are unable to reach out office we advise you to report to your nearest emergency room.