

keep glowing

med spa

IPL/Diode/Photofacial Treatment Instructions

Pre-Treatment Instructions:

- Avoid skin tanning for 3-4 weeks prior to the treatment and use at least 30 SPF sunblock during outdoor activity at daylight hours.
- Discontinue any irritant topical agents for 2-3 days prior the treatment.
- Avoid anticoagulants for 7-10 days prior to treatment, if medically permitted. If you cannot discontinue these medications, please discuss this with your provider.
- Remove any makeup, lotions, deodorants or ointments with a delicate soap, rinse with plenty of water and gently pat dry.
- Please shave or trim hair over the planned treatment area prior to your appointment.

Post-Treatment Instructions:

- Sun block should be used for 3 weeks following each treatment session. A minimum of SPF 50 should be used.
- Avoid direct sun exposure for at least 4 weeks following treatment.
- Moisturizer may be applied after each treatment.
- Do not rub/scratch the treated area (especially in the presence of crusting, which must not be removed).
- Make-up may be applied immediately after the treatment if skin is intact.
- Avoid intense sporting activities, swimming or use of hot tubs or whirlpools in the days following treatment.
- Wash the treated area gently with soap and water.
- Do not shave the treated area if crusting is evident.
- Please contact our office if you have any concerns or develop any complications related to the procedure. If you are experiencing a significant amount of pain or are unable to reach out office we advise you to report to your nearest emergency room.
- For optimal results, you should follow up as directed by your practitioner.