

keep glowing

med spa

Hair Removal Treatment Instructions

Pre-Treatment Instructions:

- We ask that you please review the general instructions form.
- If you have gray or white (blonde) hair you may choose to use a product such as Meladine to help darken hair. It is suggested that these products be used 2-3 times per day for 2-4 weeks before treatment.
- You should avoid any type of tanning for 3-4 weeks prior to treatment, or use at least 30 SPF sun block.
- Avoid irritant topical agents for 2-3 days prior to treatment.
- Avoid waxing or tweezing for 4 weeks before your treatment.
- Avoid anticoagulation for 7-10 days prior to treatment, if medically permitted. If you are unable to discontinue these medications, please discuss this with your practitioner.
- Please shave the hair in the treatment area 1-2 days prior to your scheduled treatment to ensure the skin is clean.
- Please review the consent form prior to your treatment, if you have any questions please discuss them with your practitioner.
- Be prepared to update your provider with any changes in your medications or general health.

Post-Treatment Instructions:

- It may take up to 1 week for hair to fall out, some clients take longer. Please understand that every hair is in a different growth phase and therefore not all hairs will successfully be treated in one session, this is the reason why multiple treatment sessions are needed.
- You may have edema or erythema in the treatment area, this usually fades within 24 hours. If you have erythema or edema for greater than 24 hours please contact our office.
- Moisturizer should be applied after each treatment. If scabs appear after blistering, they should be kept soft with a lubricating cream. Blistered or ulcerated skin may be treated with an antibiotic ointment or burn treatment cream.
- You may apply a cool pack to treatment area immediately after treatment.
- No strenuous exercise for 48 hours.
- Make-up may be applied immediately after facial treatment if skin is intact.
- Sun block should be used for 3 weeks following the treatment.
- Facial treatment(s) may use an oil-free, non-medicated cover up, preferably one with sunscreen. Avoid use of toners for 48 hours. Thereafter, toners that contain the complete group of antioxidant vitamins A, C, and E may be used. Chemical peels are not recommended throughout the treatments.
- Avoid deodorant for 24 hours after treatment.
- You may shave after treatment if skin is intact, but please refrain from doing so 1-2 days prior to your next scheduled treatment.
- During the first 2 days following treatment, care should be taken to prevent trauma to the treated area: avoid hot baths, massage, etc. The skin should be kept clean to avoid contamination or infection, any mechanical or thermal damage to the area must be avoided.
- Please contact our office if you have any concerns or develop any complications related to the procedure. If you are experiencing a significant amount of pain or are unable to reach our office we advise you to report to your nearest emergency room.
- For best results you should have 5-10 sessions every 4-8 weeks for the face, and 5-10 sessions every 6-12 weeks on the body.